TURKS SINK THREE OF ALLIED FLEET

Two British and One French Warship Strike Floating Mines in Dardanelles.

HARD FIGHT IN THE NARROWS

Land Forts Rain Terriffic Fire on Ten Battleships and Lighter Craft-Russian Squadron Near Bosphorus.

London, March 20 .- The British battleships Irresistible and Ocean and the French battleship Bouvet were blown up by floating mines while engaged with the remainder of the allied fleet in attatcking the forts in The Narrows of the Dardanelles Thursday.

Nearly all members of the crews of the two British ships were saved. having been transferred to other ships under a hot fire, but an internal explosion took place on board the Bouvet after she had fouled the mine and return to New Hampshire was denied. most of her crew was lost. The Bouvet sank within three minutes of the time that she hit the mine.

Set Mines Adrift. The waters in which the ships were lost had been swept of mines, but the British admiralty asserts that the Turks and the Germans set floating containers of explosives adrift and these were carried down by the cur rent to the allied ships gathered inside the entrance of the straits

All the ships that were sunk were old ones, the Bouvet having been completed nearly twenty years ago and the Ocean and Irresistible in 1900. The sunken British ships are being replaced by the battleships Queen and Implacable, vessels of a similar type. They are said to have started some time ago for near Eastern waters in anticipation of just such losses as have now occurred.

Two Other Ships Damaged. Two other ships engaged in the fight ing, the British battle cruiser Inflexible and the French battleship Gaulois, were hit by shells and damaged. The British casualties, according to the British official report, were not heavy.

The damage done to the Turkish forts by the heavy bombardment has not yet been ascertained. It is stated bled out upon the dock for inspection that the operations against them are continuing.

Russians Approach Bosphorus. "It is officially confirmed that a Russian squadron has approached the deposit vault, where they were locked northern part of the Bosphorus," says Reuter's Petrograd correspondent. "The appearance of the squadron has their value as high as \$500,000. caused a great panic in Constanti-

CHEAPER EGGS PREDICTED

Spring Buying Will Be Restricted By Lack of Cold Storage Room, Produce Men Say.

Chicago, March 20 .- A scarcity of cold storage room will result in making lower prices for eggs, butter and side has run along its shoulder so poultry this spring and higher prices that half the bell hangs only by a next fall and winter, produce men here slim support. The crack has grown

Cold storage warehouses have unusually large quantities of meats and apples for this time of year and this accounts for the scarcity of room. The stocks of hog products in Chicago warehouses at the beginning of this month were 34 per cent larger than a year ago, and owners of apples put in storage last fall have not been able to market them as extensively as they expected. The same conditions are said to exist in other cities.

The purchase of eggs, butter and Francisco.' poultry in April, May and June, when they are most plentiful, to hold for the fall and winter trade, when production is least, serves to hold spring prices up and winter prices down in ordinary years, but storage this year will be less than usual, produce men say, unless some of the cold storage room now in use is vacated soon.

GIVE UP HUNT FOR INDIANS

Denver, March 20 .- The posse of federal deputies under United States for more than a month has been attempting to arrest Tse-Ne-Gat, a Plute they considered themselves subject to Indian wanted by the federal authorities on a charge of murder, has been, and were willing to perform that servordered home, according to a dispatch | ice.

"Old Polk." father of Tse-Ne-Gat, and a large party of renegade Indians. the fugitive in resisting arrest. No reference is made in the dispatch to recently to attempt to pacify the recalcitrant Piutes.

Germans Topedo Two Ships. London, March 20 .- Two more British steamers have been topedoed by German submarines. The Glasgow steamer Hyndford was torpedoed in the channel Tuesday. The Cardiff steamer Blue Jacket was also attacked and sunk without warning.

Navy Desertions Falling Off. Washington, March 20.-Desertions from the three battleship fleets of the American Navy in December, 1914, totaled only ninety, according to the Navy Department.

Champ Clark to Gulf Resort. Washington, March 20.-Speaker Champ Clark left today for his home at Bowling Green, by way of Pass Christian, Miss., the gulf resort where President Wilson spent a ahort vacation more than a year ago.

Latins Buy Money Here. Philadelphia, March 20 .- There was shipped from the United States mint today a package contatining 4,700,000 nickel coins made for the government of San Salvador

Ordered Sent Back to Matteawan by Justice Page-Saved by Habeas Corpus Writ.

New York, March 17.-Another long legal battle over Harry Thaw was made certain yesterday when Justice Page in the supreme, following Thaw's acquittal Saturday of the charge of conspiring to escape from Matteawan, ordered Thaw returned to the hospital for the criminal insane under the original commitment from

Justice Dowling. Thaw had demanded that he be returned to New Hampshire, from which state he was extradited for trial on the conspiracy charge. Losing there, he won on another point, however, when his counsel, anticipating an adverse decision by Justice Page, obtained from Justice Bijur of the supreme court a writ of habeas corpus, returnable Friday. Meantime Thaw

must be kept in the Tombs prison. It was a close call for Thaw, since plans had been considered by the state for returning him at once to his long time residence at Matteawan. Asylum attendants were in the courtroom ready to rush him there by motor car the moment the motion for a But the writ of habeas corpus served half an hour before on Warden Hanley of the Tombs prevented this.

HE SAVED VALUABLE JEWELS

Catholic Priest Arrives in New York From City of Mexico With Priceless Gems.

New York, March 17 .- A king's ransom in jewels, blazoned in the royal eagles of Spain at the time of Charles V, the most powerful monarch of the Sixteenth century, lies under guard at the customs house here awaiting appraisal.

The gems, set in gold on white and purple robes and mounted on two golden crowns, were brought into New York by a Catholic priest, clad in shabby clothes, who fled from the City of Mexico a month ago, made his way to Vera Cruz and sailed aboard the steamer Montevideo. The Montevideo reached New York March 6 with this priest and six other fugitive priests who had been banished from Mexico by General Obregon.

From the depths of a battered suitcase the gems and robes were tumby the customs authorities. They so dazzled the inspectors that they were hastily put back into the suitcase. Under guard they were taken to a safe up and special watchmen detailed to guard them. Rough estimates placed

LIBERTY BELL IS IN DANGER

Half of the Famous Old Revolution ary Relic Hangs Only by a Slender Support.

Philadelphia, March 18 .- "The Liberty Bell is suffering from an incurable organic disease. The crack which originally was confined to its an inch and a quarter within the last eight years."

This is the substance of an assertion made at the Union League by Wilfred Jordan, curator of Independence Hall, who lectured under the auquarian Society of Philadelphia,

"And despite a peltion two and a half miles long from the school children of California," Mr. Jordan added, "the bell's physical disability

FRYE SAILORS VOLUNTEERS Cruz.

Newport News, Va., March 18 .-Charles Frank and Robert Roggs, for mer members of the crew of the American sailing ship William P. Frye, and now alleged to be detained on the cruiser Prinz Eitel Friedrich for keep in close touch with the commansworn statement denying they were being held against their will.

The men yesterday appeared at the customs house in the uniform of the Marshal Nebeker at Bluff, Utah, which | German pavy and informed the deputy collector of customs, M. M. Vipond, military duty under the German flag

Monkey Malmed a Boy. Los Angeles, March 18.—Suits for

have for several weeks been aiding \$71,500 damages have been filed against E. W. Knowlton of Pasadena owner of an educated chimpanzee, Mr. the activities or present whereabouts and Mrs. O. P. Lindley aliege that of General Scott, chief of staff of the the animal escaped March 17, 1914. army, who arrived in the Bluff district | from the Knowlton home, traveled two miles, entered their home and threw their son Milton, 10 years old, against a bed, disabling him for life.

> Wilson Into Ohio Mine Strike. Washington, March 17.-President Wilson yesterday began preparing a proposal of arbitration to settle the miner's leaders in letters probably tomorrow.

Nineteen on Dresden Lost. Valparaiso, Chile, March 17.-Nine teen members of the crew of the German cruiser Dresden, sunk off Juan the Philippine Islands and the United Fernandez Island Sunday by British warships, are missing,

Bernhardt Is Doing Well. Bordeau, March 17.—A bulletin is-sued by Dr. Denuce and Dr. Arnozan after visiting Sarah Bernhardt who recently left the hospital where her right leg was amputated, states of the 6,000,000 Jews in Poland and that her condition is entirely satisfac-

Guard the Rockefeller Tomb. Tarrytown, N. Y., March 17 .- Two: armed guards keep watch over the charred body of Daniel Black, a farmbody of Mrs. John D. Rockefeller, Sr., er four miles southwest of Sapulpa, in the mauseleum of John D. Arch- was found this morning in the ruins bold in the Sleepy Hollow cametery, of his cabir

DENIES FREEDOM TO THAW PROTEST ON TAXES

U. S. Government Tells Villa He Has No Right to Hold Up Foreign Residents.

LIVING CONDITIONS IMPROVED

Rail Communication From City of Mexico to El Paso Soon to be Opened, It is Reported.

Washington, March 19 .- A protest was sent by the United States today to General Villa against the collection from Americans or other foreign ers of part of a special tax of 1,000,000 pesos levied at Monterey.

The British embassy had brought to the attention of the state department a report just received from Monterey saying that the British-owned light and power company there had been called upon to pay \$35,000 as its share of the new tax.

Just how the general assessment was to be apportioned the state de partment was not informed, but the understanding was that General Villa had laid an omnibus tax on the city, leaving it to the authorities there to raise the money in whatever way they saw fit. The order was dated March 16, it was said, and fifteen Russian Causes Panic Among Auddays was the time given in which to raise the money.

The department has protested prev iously, notably in the case of the tax which General Obregon tried to collect in Mexico City recently, against any of the Mexican factions forcing contributions from foreigners. General Obregon heeded the protest and the tax was removed as far as foreigners were concerned.

Other advices to the department today said living conditions in Mexico City are improved, that rail com munications to El Paso probably will be opened in four or five days, and that fighting between Carranza and Villa forces has begun near Tampico.

To Aid Foreigners. Washington, March 18,-Secretary Daniels has authorized Commander Blakely of the cruiser Des Moines at Progreso, Mexico, to take aboard any Americans or other foreigners seeking safety. The collier Brutus was ordered to Progreso from Vera Cruz to Presidio Military Reservation seized

afford asylum to refugees. Consul Silliman, at Vera Cruz, has and taken to the police station. reported that General Carranza had agreed to co-operate in providing not learned. transportation for Americans and other foreigners wishing to leave Mexico City and to facilitate the transportation of Red Cross supplies to the Mexican capital.

Similar assurance of co-operation has been received from the authorities

controlling Mexico City. The schooner Susie B. Dantzler of Gulfport, Miss., detained at Campeche, has arrived at Vera Cruz and her owners advise that Captain Dethloff was not imprisoned, as had been feared. The opinion is expressed that no further difficulty would be experienced by shipping in and out of Progreso and that Mexican consuls will now be empowered to clear vessels for the Yuca-

Foreigners Ready to Leave. Washington March 17-Conditi

zanillo continue to give officials con- Lola Norris, both of Sacramento. The

Apparently the re-occupation of the brought the expected relief, or else ried, the latter having two children. Americans have tired of their isolation and the stagnation which their business has experienced, for a large number of them, with other foreigners. should prevent our sending it to San asked the State Department today, through the Brazilian minister, to ob tain transportation for them to Vera

Urgent representations were made to General Carranga concerning his troops at Manzanillo, whose activities have been causing Americans and foreigners much apprehension. American consul was instructed to military service, yesterday made a der of the cruiser Cleveland should foreigners become further endangered. Fire on U. S. Boat.

Galveston, Tex., March 17 .- The ten- a hospital for treatment. der of the United States battleship Delaware was fired upon by snipers at Vera Cruz March 10, according to reports brought here today by passengers on the Norwegian steamship City of Tampico. The tender went into Delaware and was fired upon while inbound and again while returning to the warship. No one was injured.

Sapulpa Residents Injured in Storm. Sapulpa, Ok., March 19.-Three persons were injured, none seriously; fences destroyed and small buildings blown over when a miniature tornado struck a residential section of Sapulpa late this afternoon.

J. P. Morgan Off for Europe. New York, March 19 .- J. P. Morgan and Mrs. Morgan sailed for Europe yesterday on the steamship Phil-Eastern Ohio coal strike. He will adelphia. Horgan declined to discuss that half the bell hangs only by a slim communicate it to the operators and the object of his trip abroad, but from other sources it was learned that it had no significance.

> Put Cargoes on Transports. Washington, March 19.—Because of the lack of shipping facilities between States, army transports will be utilized for carrying goods

Ask Relief for Jews in War. Chicago, March 19 .- A campaign to obtain \$100,000 in Chicago for the relief of Jews in the European war zone was begun yesterday. Three million Galicia are homeless and starving, according to the relief committee.

Oklahoman Burned to Death. Sapuipa, Ok., March 19.-The MRS. HAVILAND H. LUND



Forward to the Land Movement, the object of which is to take care of the army of unemployed. The plan is to have communities of small farms supervised by an expert, the farmers to pay for their land as they

SHOOTS HIS ACTRESS SISTER

ience in Concession at the Panama-Pacific Exposition.

San Francisco, March 19 .- An Algerian dancer, known as the "Princess Turkalt," a member of a ballet in a Russian amusement concession at the Panama-Pacific Exposition, was shot and killed tonight by her brother, Isaac Lizraki. Lizraki then began firing indiscriminately at the entertainers, stage and into the audience, causing a panie.

The "zone" theater in which the shooting occurred, was crowded when Lizraki rushed in, branishing a pistol. He began firing at once and his sister fell forward with a bullet through the heart.

One of the men entertainers on the stage was shot in the arm. The spectators made a rush for the

loors. None of them was injured. Lizraki had fired a half dozen shots before a group of soldiers from the and disarmed him. He was arrested The reason for the shooting was

DIGGS AND CAMINETTI AGAIN

Federal Court of Appeals Confirms Conviction of the Two Men at San Francisco.

San Francisco, March 19.-The United States court of appeals here yesterday upheld the decision of the lower court in sentencing Maury Diggs and F. Drew Caminetti to imprisonment on McNell's Island, following their convictions on white slavery charges. Diggs must therefore serve two

years and Caminetti eighteen months for their elopement with the two young women, which attracted nationwide attention. The arrest and trial in the City of Mexico as well as Man-ment with Marsha Warrington and four went from California to Nevada, where they were living when arrested. capital by the Zapata forces has not Both Diggs and Caminetti are mar-

BOUND TO HAVE MORPHINE

Illinois Woman Victim of the Habit Holds Up Druggist at Point of Revolver.

Herrin, Ill., March 19 .- Mrs. Jack Overton walked into a drug store here yesterday and after waiting until several other patrons had departed, pointed a revolver at the clerk and demanded morphine.

Clyde Cox, the clerk, quickly handed the woman a full bottle of the drug. With pistor still aimed at the clerk, Mrs. Overton backed out of the store. Later she was arrested and sent to

CONDENSED NEWS ITEMS

-The charred body of Daniel Black a farmer four miles southwest of Sathe harbor for Captain Rogers of the pulpa, Ok., was found recently in the ruins of his cabin. That the blaze was of incendiary origin is the belief of authorities. Black had trouble with neighbors some time ago.

> -A campaign to obtain \$100,000 in Chicago for the relief of Jews in the European war zone has been started. Three million of the six million Jews in Poland and Galicia are homeless and starving, according to a statement by the relief committee.

> -The Liberty Bell is suffering from an incurable organic disease. crack which originally was confined to its side has run along its shoulder so support. The crack has grown an inch and a quarter within the last eight

-President Wilson wore a green tle and in his buttonhole a bunch of sham rock on St. Patrick's day. For the first time in years, however, there was no box of shamrocks received from the "ould sod."

-Crooked politicians at Terre Haute, Ind., voted the names of hundreds of men long dead and borrowed registration lists from other towns, according to testimony being brought out at the federal court trial at Indian-

-The superdreadnaught Pennsylvania, the mightiest battleship in the world, was launched at Newport News, Va., a few days ago. The ship has a onnage of 31,400, against 27,500, the displacement of the largest ships in other mavies,

ANOTHER BATTLE **IMMINENT ON YSER**

Allies and Germans Face Each Other Across Narrow Belgian River.

STOP ADVANCE IN CHAMPAGNE

But French Troops Continue to Hold Important Heights Against Counter Attacks - Fighting in Vosges Slackens.

London, March 19 .- The next important battle on the western field, it s believed, will take place along the River Yser, held on one side by the re cently reorganized Belgian army and on the other by the Germans. As the floods have subsided, the Bel-

gians, supported by the warships of the allies, already have pushed their line slightly forward, and this is aimost certain to lead to counter-attacks by the Germans and a general engage ment, as has been the case when sim ilar movements were initiated elsewhere along the front. An artillery duel in the way of preparation has

There may be a slight delay while the Germans are awaiting for reinforcements from Germany, for they have been using most of their reserves to counter-attack the British troops at St. Eloi and Nueve Chapelle and the French north of Arras, but that a big clash will soon come nobody doubts. The contest for the spur of Notre Dame de Lorette is still in pragress, and, according to Berlin, further attempts of the French to advance in Champagne, where they captured an important ridge north of Le Mesnil, have been repulsed.

The fighting in the Argonne forest and the Vosges has slackened some what, owing doubtless to the return of wintry weather conditions.

There is little news from the Eastern front, and beyond the fact that the Russians again have crossed the East Prussian line in the far Northeast, near Tilsit, and that they are continuing their offensive against Austrians in Bukowina, there is no change in the situation. British Suffer Loss.

Evidence is accumulating of the heavy British losses in the recent fighting in Flanders. Lord Claud Hamilton, addressing a meeting in London last night, said the papers were not giving full lists of the losses. His own regiment, the Grenadier Guards, he declared, lost their colonel and sixteen officers killed and wounded, and of 1,100 men, the finest in the army, only

three hundred survived. The Cameronians also seemed to have been almost totally wiped out; their lists of killed and wounded were

apalling. Fighting for Positions. London, March 18 .- At present the armies of Belgium, Great Britain and

France are fighting for the hills and other points along the long front which will be of the greatest advantage to the army holding them when the advance begins. According to the French communication, the Belgians continue to improve their positions in Flanders, and the French to the north of Arras and in Champagne have add ed eminences to their gains which are of some importance. The French and German official

mmunications, however, are so contradictory that it is difficult to decide whether any change is being made generally in the dispositions of the two armies.

The optimism which pervades the Western Allies is shared by the Russians. All the Petrograd correspondents of the London papers lead the public to believe big events are impending. It is apparent the Russians again and not the Austrians are on the move, particularly at Smolnik, on the River San, where it emerges from the Carpathians, while in Bukowina, according to unofficial dispatches from Bucharest, the Austrians have been defeated in a battle which has been

raging along the entire front.

London, March 17.—With the increasing activities of the British, French and Belgian armies, the reappearance on the coast of Belgium of British and French warships and the time drawing near for a big effort in the west, the public is following with renewed interest the news of the operations.

The Belgians, who are being supported by the warships of the allies, have consolidated the ground which they have won in the last few days, while the British have done likewise with the strip of territory which they took from the Germans near Nueve Chapelle and have recovered most, if not all, of the trenches which they lost in the region of St. Elio.

Big Fire in Champaign, III. Champaign, Ill., March 18.-Fire starting from an unknown cause destroyed yesterday the half block occupied by the six-story Illinoiis building and all of a full block adjoining except a corner occupied by the Citizens' State bank. The damage will be several hundred thousand dollars.

Clark Denies 1916 Boom. Washington, March 18,-Speaker Clark today denied that he is a candidate for the Democratic nomination for president in 1916.

Airship Attacks Vessel. South Shields, England, March 18, -The British steamship Blonde, arriving here yesterday, reported that it was attacked in the North Sea by German aeroplane, which dropped one bomb on the deck of the vessel. One member of the crew was killed.

A British Agent to Bulgaria. Athens, March 18 .- Gen. Sir Arthur Paget of the British army was received yesterday by M. Bratiano. He left later for Sofia where he will have an audience with King Ferdiound.

MAGGIE'S EFFORT NOT GREAT PROVIDES FOR DOG IN WILL

Remuneration for Helping Her Motner.

Now that the washing hung on the back fence and discussing with symnot so simple

"It ain't that Maggie's not willin'." ready to run an errand for you. But she ain't one that hears work callla'

or sees it a-lookin' at her." "It's easier to do a thing yerself than to be tellin' others," said Mrs. Regan, understandingly.

Moran. "But Maggie ain't to blame, although maybe she's a little too easy | ried. discouraged. I've seen her tryin' Last winter I says to her, 'Maggie,' I says, 'every time you find something to do to help mother round the house, I'll give ye a cent.' That started her hard at it, Mrs. Regan, and 'twas a aged and give it up."

"And how much did she make?" asked Mrs. Regan. "Nine cents," sald Mrs. Moran, "but called it a dime."-Youth's Compan-

Guest at Charitable Function Enjoyed Himself, but Had a Criticism

to Make.

Two tottery derelicts had just finished a repast at Bethel mission-one of the spreads that are being laid out for the unemployed. They were filled and comfortable and disposed to reminisce their experience.

"Didje git a piece of that beef, Bill?" asked one of the other. "Yep," said Bill.

"An' didie git some o' that soup?" "Yep. "An' coffee?"

"Couldn't o' asked for more couldie?" "Well, I don'no," said Bill.

"Well, what wouldje of asked for?" "I was just a-thinkin'," said Bill, graphical expedition. "that to make that grub set right in every way, if we'd a just had a little mermalds left the gas burning, I highball to 'a' started it off with reckon. there'd be nothin' a-tall now to kick about"-Louisville Times.

An Apt Student. A young woman who came to Co- life?" lumbia to take her degree of doctor of philosophy, married her professor in the middle of her second year. When she announced her engagement one of her friends said:

"But, Edith, I thought you came up here to get your Ph. D. "So I did," replied Edith, "but I had no idea I would get him so soon."

Flattered. Mistress-Bridget, it always seems to me that the worst mistresses get the best cooks.

After the war many seats of government will need patching.-Toledo

Cook-Ah. go on wid ver blarney!

Had Earned Little of the Promised Leaves Fortune to Children of Neighbor, Provides They Care for His Puppy.

"I hereby bequeath my entire estate, ine, Mrs. Moran was leaning over the consisting of money in banks and tack fence and discussing with sympathetic Mrs. Regan the problem of Mrs. A. E. Nichols of Riddle, with the bringing up a daughter. Privately, understanding that they are to care Mrs. Regan considered that Maggie for my dog puppy as long as it lives," Moran was born lazy, but Maggie's was the essential part of a will filed mother held that Maggie's case was by James Rice of Riddle in the pro-

bate court at Roseburg, Ore. Mr. Rice had lived in southern Dougsaid Mrs. Moran. "Willin' she is, and las county for many years, and was a active on her bicycle, and always great admirer of the Nichols children. Recently he decided that they should have his property and money following his death. The puppy, of which Mr. Rice speaks in his will, had been his constant companion for several months. It is understood that Mr. "And that's the truth," agreed Mrs. Rice was moderately wealthy. He was about sixty years of age and unmar-

Fashlonable Goods Not Wanted. That Latin-Americans insist on having just the kind of article that suits their taste is illustrated by an incident in Guatemala. An old gentleman in full two weeks before she got discour- the interior, a large ranch owner, had always been used to a certain kind of necktle, and asked a local house to buy a number of them for him. The house ordered several from an American concern, but the latter wrote back that that kind of necktie had been out of date for 20 years, and sent several ONE LITTLE THING LACKING of the latest design. These were refused, however, the old kind was obtained from Europe, and the American house lost what might have been an opening wedge to a good trade.

> III Timed Gesture. Percival-You should have heard the audience laugh at Professor Ravenyelp.

Penelope-I didn't think he was supposed to be funny. Percival-He wasn't; but just as he started to recite "The Frost Is on the Pumpkin," he reached up and scratched his gray head.-Youngstown Telegram.

His Guess. Mrs. Bacon-This paper says dis-

tinct traces of light have been detected in the ocean at depths of more than 3,000 feet by an English oceano-Mr. Bacon-Some of those careless

The Test. "Do you really believe college education helps a young man in business

"I know it does. At college my boy was the champion sprinter of his class, and now he has a job as band runner.

Cause and Result. "Our dairyman's cows look very de-

"Maybe that is why our milk is so Out He Went. "John," announced his mother-in-

said he, as he reached for his hat. When an old man falls in love it's

"I think I'll follow it's example,"

law, "the furnace has gone out."



-are gained largely by doing common tasks uncommonly well.

But-to do unusually good work of any kind, fitness of body and mind are required.

Food plays a big part in this matter-food that contains true nourishment. And true nourishmentbe it remembered-must include certain important elements which unfortunately are often lacking in the ordinary dietary-especially in white bread. These elements are phosphorus, iron, lime, sulphur, etc., stored by Nature in her field grains, and absolutely necessary for building strong, vigorous bodies and

Grape-Nuts

-made of choice wheat and malted barley, affords all the nutriment of these grains, including these important mineral elements, in form for easy, quick digestion.

Grape-Nuts food is always fresh, crisp, sweet and ready to eat-with cream or milk.

Thousands have found that a ration of Grape-Nuts each day makes for real progress towards the bigger things of life.

"There's a Reason"

-sold by Grocers everywhere.